

PRIMARY MENUS - SEPTEMBER 2017 - JULY 2018 MILLHOUSE PRIMARY SCHOOL

Week commencing - 04/09/17, 25/09/17, 16/10/17, 13/11/17, 04/12/17, 08/01/18, 29/01/18, 26/02/18, 19/03/18, 23/04/18, 14/05/18, 11/06/18, 02/07/18

| WEEK 1 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--------------------------------|--|--|--|---|--|
| Traditional Meal of the Day | All day breakfast - bacon, sausage, hash brown, scrambled egg, $\frac{1}{2}$ sliced bread | Spaghetti bolognaise Crusty roll | Roast pork With Stuffing, apple sauce, creamed potatoes | Chicken curry Rice Naan bread | Battered Fish Chips |
| Vegetarian Option | Homemade quiche | Quorn sausages | Vegetarian burger | Crispy Quorn fajitas Salad | Homemade pasta Crusty roll Side salad |
| Accompaniments | Baked beans mushrooms | Sweetcorn Peas | Broccoli Baton carrots Gravy | Cauliflower Green beans Or Salad and sweetcorn | Mushy peas or beetroot parsley or tomato sauce |
| Salad Bar Selection | Daily selection of salad items | | | | |
| Desserts - Main | Arctic roll | Homemade apple crumble with custard | Iced cherry Bakewell | Chocolate sponge with chocolate sauce | Homemade steamed treacle sponge with custard |
| Daily Selection of Desserts | Fruit muffin Yoghurts Fresh fruit selection | Raspberry ripple ice cream Yoghurts Fresh fruit selection | Yoghurts Fresh fruit selection | Raspberry buns Yoghurts Fresh fruit selection | Homemade cookie Yoghurts Fresh fruit selection |
| Jacket Potatoes | Choice of hot and cold fillings | | | | |
| SANDWICH | Cheese | Tuna | Ham | Cheese | Tuna |
| WRAP | Tuna | Ham | Tuna | Ham | Cheese |

PRIMARY MENUS - SEPTEMBER 2017 - JULY 2018 MILLHOUSE PRIMARY SCHOOL

Week commencing - 11/09/17, 02/10/17, 23/10/17, 20/11/17, 11/12/17, 15/01/18, 05/02/18, 05/03/18, 09/04/18, 30/04/18, 21/05/18, 18/06/18, 09/07/18

| WEEK 2 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|-----------------------------|---|---|--|--|---|
| Traditional Meal of the Day | Pizza slice Jacket wedges | Meat and potato pie Roast potatoes Mint sauce | Roast pork with accompaniments Creamed potatoes | 2 sausages Homemade Yorkshire pudding Creamed potatoes | Battered fish Chips ½ slice bread |
| Vegetarian Option | Macaroni cheese Crusty roll | Quorn sausages | Vegetarian burger | Vegetarian chilli and rice | Pasta swirls in a homemade tomato sauce Crusty roll |
| Accompaniments | Baked beans Coleslaw Green salad | Sliced carrots Mushy peas Gravy | Broccoli Sweetcorn Gravy | Cauliflower Savoy cabbage Gravy | Garden peas Baton carrots Tomato sauce or parsley sauce |
| Salad Bar Selection | Daily selection of salad items | | | | |
| Desserts - Main | Eves pudding with custard | Rice pudding with fruit | Frosted chocolate shortcake | Arctic roll | Homemade lemon and orange sponge with custard |
| Daily Selection of Desserts | Sweet pancake with sliced banana or berries and toffee sauce Yoghurts Fresh fruit selection | Butterfly buns Yoghurts Fresh fruit selection | Yoghurts Fresh fruit selection | Caramel square Yoghurts Fresh fruit selection | Chocolate mousse Yoghurts Fresh fruit selection |
| Jacket Potatoes | Choice of hot and cold fillings | | | | |
| SANDWICH | Tuna | Cheese | Ham | Cheese | Ham |
| WRAP | Cheese | Ham | Tuna | Ham | Tuna |

PRIMARY MENUS - SEPTEMBER 2017 - JULY 2018 MILLHOUSE PRIMARY SCHOOL

Week commencing - 18/09/17, 09/10/17, 06/11/17, 27/11/17, 18/12/17, 22/01/18, 19/02/18, 12/03/18, 16/04/18, 07/05/18, 04/06/18, 25/06/18

| WEEK 3 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|-----------------------------|---|---|---|---|--|
| Traditional Meal of the Day | Oven baked chicken goujons Chips | Lasagne Crusty roll | Roast beef with Yorkshire pudding Creamed potatoes | Butchers pork sausage in a finger roll Jacket wedges | Fish fingers Creamed potatoes |
| Vegetarian Option | Southern style burger in a bun | Quorn meatballs in tomato sauce Spaghetti Crusty roll | Quorn fillet | Vegetarian pizza | Quorn sausage Gravy |
| Accompaniments | Green salad Coleslaw Salad cream | Garden peas Sweetcorn | Baton carrots Broccoli Gravy | Baked beans Braised onions | Peas Sliced carrots Parsley sauce or tomato sauce |
| Salad Bar Selection | Daily selection of salad items | | | | |
| Desserts - Main | Homemade chocolate sponge with chocolate sauce | Jelly and ice cream | Iced cake slice with fruit wedges | Waffle Sliced banana Chocolate sauce | Homemade jam and lemon sponge with custard |
| Daily Selection of Desserts | Fruit flapjack Yoghurts Fresh fruit selection | Homemade cookies Yoghurts Fresh fruit selection | Yoghurts Fresh fruit selection | Homemade muffins Yoghurts Fresh fruit selection | Fruit <u>cheesecake</u> Yoghurts Fresh fruit selection |
| Jacket Potatoes | Choice of hot and cold fillings | | | | |
| SANDWICH | Cheese | Ham | Tuna | Ham | Cheese |
| WRAP | Tuna | Cheese | Ham | Tuna | Ham |